



SKIN CARE

WORKSHEET

Name:

Skin Type:

QUESTION:	COLUMN #1	COLUMN #2	COLUMN #3
Do you break out?	Rarely	Occasionally	Frequently
Do you have blackheads?	Few or none	Few in T-zone	Problem
What do your pores look like?	Nearly invisible	Visible in T-zone	Enlarged
How does your skin look one hour after cleansing?	Dry and tight	Slightly tight for first ½ hour; some oil in T-zone by end of hour	Oil break-through in ½ hour. Shiny nose/ forehead in 1 hour.
Do you have facial lines?	Showing signs around eyes, lips, forehead	A few around eyes	None or few
Does your foundation melt away during the day?	Hardly	By mid-day/early afternoon	Within 2 hours of application

YOUR SKIN TYPE

Normal to DRY

Check here if more of your answers fall in Columns 1 & 2.

Normal to OILY

Check here if more of your answers fall in Columns 2 & 3.

What skin care products do you currently use?

What does your skin care regime currently consist of?

List any special skin issues/conditions here:

Please see product recommendations on next page.

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PRODUCT SET RECOMMENDATIONS

FOR NORMAL TO OILY SKIN

NATURE SKIN CARE KIT



This Kit Contains:

- Clarifying Vitamin C Facewash
- Balancing Vitamin C Toner
- Alive Rejuvenating Day Cream

\$62 | [SP725]

RESTORE SKIN CARE KIT



This Kit Contains:

- Clarifying Vitamin C Facewash
- Balancing Vitamin C Toner
- Alive Rejuvenating Day Cream
- Rest Restorative Night Cream
- Restore Vitamin C Serum

\$115 | [SP726]

FOR NORMAL TO DRY/MATURE/SENSITIVE SKIN

KINDNESS SKIN CARE KIT



This Kit Contains:

- Moisturizing Cleansing Milk
- Hydrating Rosewater & Glycerin
- Alive Rejuvenating Day Cream

\$60 | [SP727]

NURTURE SKIN CARE SET



This Kit Contains:

- Moisturizing Cleansing Milk
- Hydrating Rosewater & Glycerin
- Alive Rejuvenating Day Cream
- Rest Restorative Night Cream
- Restore Vitamin C Serum

\$112 | [SP728]

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